

# SURYAMUKHI DINESH AYURVED MEDICAL COLLEGE & HOSPITAL, RANCHI



Permanently Affiliated to Vinoba Bhave University, Hazaribagh  
Recognised by C.C.I.M., under Deptt. of Ayush (Govt. of India) &  
Deptt. of Health, Medical Education & Family Welfare (Govt. of Jharkhand)  
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## To Whom It May Concern

I attended Mr. Navin Chaudhary's interactive seminar last year in Ranchi, Jharkhand. As an institutional head that looks manages both administratively and academically, I often found myself under immense stress. Thanks to Mr. Navin Sir and his team, I was able to learn how to cope up with this stress and also helped me improve my decision making skills.

**Dr. Amitabh Kumar**

**Principal - S.D. Ayurved college, Ranchi and Dean-Faculty of  
Ayurved, VBU, Hazaribag .**